

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

6 November  
27 November  
18 December  
22 January  
19 February  
11 March

Option One	Macaroni Cheese	BBQ Chicken with Rice 	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognaise with Homemade Garlic Bread 	Fish Fingers with Chips & Tomato Ketchup
Option Two	Vegetable Curry with Rice 	Vegan Meatballs in a Tomato Sauce & Pasta 	Vegetable Roast with Roast Potatoes & Gravy 	Shepherdess Pie 	Vegan Sausages with Chips & Tomato Ketchup 
Option Three	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Cinnamon Swirl	Orange Drizzle Cake with Custard	Strawberry Jelly with Mandarins 	Apple Crumble with Custard 	Chocolate Shortbread 

### WEEK TWO

13 November  
4 December  
8 January  
29 January  
26 February  
18 March

Option One	Vegetable Pasta Bake 	Pork Sausage with Mashed Potato & Gravy	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Greek Chicken Pitta with Cucumber Dip & Potato Wedges	Fish Fingers with Chips & Tomato Ketchup
Option Two	Spinach & Cheese Whirl with Cucumber Dip & Potato Wedges	Vegetable Fajitas with Rice 	Vegan Sausage with Roast Potatoes & Gravy 	BBQ Quorn with Rice 	Cheese & Tomato Pizza with Chips 
Option Three	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Salmon Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Greek Salad	Peas & Baked Beans
Dessert	Lemon & Berry Cake	Eves Pudding with Chocolate Sauce	Chocolate Orange Cookie 	Apple Crumble with Custard	Cinnamon Cookie 

### WEEK THREE

20 November  
11 December  
15 January  
5 February  
4 March

Option One	Lentil & Sweet Potato Curry with Rice 	Chicken & Broccoli Pasta 	Roast Gammon with Roast Potatoes & Gravy	Cottage Pie 	Fish Fingers with Chips & Tomato Ketchup
Option Two	Tomato Arrabiata Pasta 	Cheese & Tomato Pizza with New Potatoes 	Vegan Quorn with Roast Potatoes & Gravy 	Vegan Burger with Potato Wedges 	Cheese & Red Pepper Frittata with Chips & Tomato Ketchup
Option Three	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Freshly made Baguettes Cheese, Ham or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Vanilla Shortbread 	Pear & Chocolate Upside Down Cake with Custard	Strawberry Jelly 	Peach Crumble & Custard 	Fruity Shortbread 

#### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

#### Available Daily:

Plain Jacket Potato - Fresh Bread - Salad Selection - Fresh Fruit and Yoghurt

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.